



Bloodless Medicine & Surgery

at Chapman Medical Center

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at Chapman Medical Center



Quality Care Draws Couple From Arizona



Lorraine Humphrey

When Bill and Lorraine Humphrey left Southern California for Arizona, they didn't realize they were also leaving behind quality care for those desiring bloodless medical treatment. The couple was assured by Arizona doctors that their wishes regarding blood would be respected. Lorraine says, "They go along with it until you have a problem. Then there really are problems." Dealing with Bill's medical problems in Arizona convinced the couple to contact the doctor they had known for many years in California, Dr. Vinod Malhotra. When Lorraine was diagnosed with colon cancer she said she didn't want to go through the hassles experienced in Arizona and trusted Dr. Malhotra to get them the best bloodless care.

Dr. Malhotra referred the Humphreys to a surgeon, Dr. Kelly Francis. Lorraine's confidence in Dr. Francis grew as all her questions were answered and Dr. Francis took

the time to explain everything thoroughly. Lorraine said she had not experienced that at other hospitals. "The doctors hardly give you the time of day," she said. Dr. Francis, who makes it a practice to avoid using blood transfusions for anyone, loves bringing her patients to Chapman Medical Center. "It's a nice environment," she said, "The staff is always in a good mood. They seem to really enjoy being there."

Lorraine was scheduled for a laparoscopic colectomy. Until recently colorectal surgery required a large incision and extended recovery time. But a laparoscopic colectomy requires only a few small incisions. In addition, a telescopic video camera gives surgeons a better view of internal organs than can be achieved with the naked eye in traditional procedures. This makes it easier to detect and stop



Dr. Kelly Francis

bleeding quickly. Doing the procedure laparoscopically results in shorter hospital stays, fewer side effects and less blood loss. Patients, "...usually get back to their routines quicker...and do better post-operatively," said Dr. Francis. Most patients who need colorectal operations are candidates for laparoscopy.

Lorraine's surgery was successful and practically pain free. "No hospital stay can be completely pleasant," she said, "but Chapman

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Good News Travels Far



Anita Wood

When doctors at a Las Vegas, Nevada hospital refused to operate on Anita Wood's tumor without a blood transfusion, transfer to Chapman Medical Center (CMC) was agreed upon.

"The Las Vegas doctors were not un-cooperative," said Anita. "They just didn't seem to have the confidence to do it." The reputation and experience of our Bloodless Program's Medical Director, Dr. Vinod Malhotra, and our highly skilled Urologist,

Dr. William Pearce, made Anita and her husband Phil willing to make the four hour car trip. Anita was admitted to CMC and was registered as a patient in our Bloodless Medicine and Surgery program.

Weeks earlier Anita had been admitted to a hospital, close to her Las Vegas home. She had been complaining of extreme fatigue and shortness of breath. It was discovered that she was severely anemic due to a large tumor on her bladder. Anita was grateful that she had her DPA Card with her because without it her doctor told her he would have administered a blood transfusion right away. Instead his priority was to build Anita's blood count. As this improved, Anita was sent to a rehabilitation facility for further reoperation. Anita's blood count rose significantly but the doctor still did not want to perform her surgery. He expressed concern that Anita's surgery would be too extensive to do without the use of a blood transfusion. This doctor had heard of CMC through Dr. Malhotra and agreed to transfer Anita here.

After Anita's arrival at CMC the very next day, Dr. Pearce

performed a procedure to accurately assess her condition. The tumor was, as suspected, quite large and *would* be major surgery. However, Dr. Pearce's experience with blood conservation techniques made the surgery possible *without* blood transfusions. After a brief interval to lower Anita's heart rate, the surgery was successfully performed.

"Dr. Pearce made me feel like he really knew what he was doing," said Anita. "We are glad those other doctors didn't do the surgery if they didn't have the confidence to do it. We were glad to be here, it was the right place to be," said husband Phil.

"The success of our program is based on experience," said Dr. Malhotra. He also stated that, "other doctors may panic if they can't use blood and aren't familiar with bloodless procedures. We don't panic because we know what to do." This proved true when, during surgery, Anita began to bleed more than expected. Having been informed of Anita's conscience choices by our Bloodless Medicine Coordinators, Dr. Pearce was able to use a synthetic glue to stop the bleeding.

Ten days later Anita and her family were on their way home. Anita says she's feeling good now and her blood count keeps going up. She is very grateful for the support of her family and the Bloodless Medicine Program team here at Chapman Medical Center.

Residents of South Orange County desiring the best in bloodless care have CMC right in their "back yard". "Almost any surgery can be done without blood," says Dr. Malhotra. For more information on our program, and/or help with your DPA Card or insurance issues, please call our toll free number **(800) 970-9470**.



Dr. William Pearce

Did You Know?

According to the American Society for Bariatric Surgery (ASBS), gastric bypass is the most commonly performed operation for weight loss in the United States. The National Institutes of Health (NIH) has endorsed the gastric bypass operation as a safe and effective weight loss operation.

The procedure can be done through either an open incision or laparoscopically. The laparoscopic approach results in less pain, shorter hospital stay, faster recovery, less scarring, and fewer wound complications. For this reason The Chapman Center for Obesity at Chapman Medical Center (CMC) performs laparoscopic operations on virtually all of our bariatric patients.

At the 2004 ASBS Consensus Conference studies showed that weight loss after gastric bypass surgery averages 68-77% of excess weight after one year. Long term studies show that gastric bypass patients maintain an average of approximately 60% excess weight loss 5-10 years after surgery.

During the same ASBS conference it was stated that, as a result of the weight loss many medical problems tend to either completely resolve or improve after gastric bypass surgery. Problems such as diabetes, high blood pressure, sleep apnea, joint pain and arthritis, heartburn, asthma, depression, infertility, urinary stress incontinence, lower extremity swelling and headaches may be resolved, or improved after the patient loses the excess weight. Most striking is the effect on diabetes. Many studies have shown that 80-85% of people with Type 2 diabetes are cured after

surgery. Usually blood levels normalize within days of surgery.

The Chapman Center for Obesity offers preoperative education classes and postoperative support. In addition, most insurance companies recognize the operation as a reasonable treatment for obesity; therefore, we accept most insurance types such as PPO's, HMO's (with primary care physician referral), MediCal, and Medicare.

The Center provides monthly lectures with Dr. David Oliak the program's Medical Director as the speaker. They are held in the Chapman Medical Center Boardroom. If you would like to attend please RSVP as seating is limited. The number is **(800) 338-3578**.



Dr. David Oliak

Lecture Times/Dates

Saturdays (10:00a.m.):
July 8, 2006
August 5, 2006
September 9, 2006
October 7, 2006
November 4, 2006
December 2, 2006

Tuesdays (6:30p.m.):
July 18, 2006
August 15, 2006
September 19, 2006
October 17, 2006
November 21, 2006
December 19, 2006

From Our Patients

We wanted to share some of the quotes provided by our past patients here at Chapman Medical Center. This is what they thought about the care they received during their stay with us:

"I appreciated the respect and dignity that was shown to me."

-Ontario, CA

"The nurses were also very informative, and patient."

-Calimesa, CA

"The care I received from my doctor, the staff, and the coordinator of the Bloodless Medicine and Surgery Program was just wonderful...I would like to say 'thank you' to everyone for the care I received at Chapman Medical Center".

-Riverside, CA

"I was extremely impressed with the care and services that were given to me. I was constantly monitored and attended by professional and extremely friendly staff."

-Chino, CA

Medical Director's Corner



Dr. Vinod Malhotra

Program's First Year

It has been a year since we started the Bloodless Medicine and Surgery Program at Chapman Medical Center. The hospital Administration, nurses, and support services have fully endorsed the program. They are amazed at the variety of patients who have undergone surgeries without blood transfusions at the hospital with positive results. More and more patients are choosing to come to Chapman Medical Center to receive "bloodless" care.

Medical Group News

We are working closely with Prospect Medical Group to provide managed care access to our bloodless patients. Prospect has expressed great interest in participating with the Bloodless Program, by providing us access to Specialists that are familiar and experienced with bloodless surgery protocols. Prospect has also provided us with excellent customer service for patients that have questions about their insurance plans and medical groups. Chapman Medical Center is one of Prospect's premiere hospital choices. If you have questions about your insurance or medical group, please call the Bloodless "hotline" at 800-970-9470.

New Office

In order to provide greater convenience to my patients, I now have a beautiful third office location in the city of Orange, near Chapman Medical Center. The office is an outpatient department of Chapman Medical Center called the **Chapman Family Health Center**. The office address is **7630-B East Chapman Avenue, Orange, CA 92869**. If you would like to make an appointment at this location, please call **714-744-6502**.

Patient Satisfaction

Our patient satisfaction surveys have been very positive regarding the cleanliness of the hospital, the quality of the food and the care they received from the nursing staff. Our Bloodless Program Coordinators, Carmen Serrano and Iris Campbell make daily rounds on all of our program patients to ensure that their hospital stay is a positive one.

As your Bloodless Medicine and Surgery Team, we are committed to helping you feel safe that your wishes for no blood will be respected and that we have the skill to make it happen. As we look forward to another year at Chapman Medical Center, I invite you to come meet our Bloodless Medicine Program staff and tour our facility. Please call us at **(800) 970-9470**.

To Iron or Not to Iron?

That is the question—at least when it comes to a new iron supplement. Until recently, patients desiring bloodless medical care considered iron supplements to be a universally acceptable alternative.

A New Fraction!

Enter Proferrin®, a new form of oral iron supplement pills that is available "over-the-counter." It is used to treat or prevent iron deficiency anemia (low red blood cell count).

However, Proferrin® is made from the red blood cells of steers (bovine)—specifically from bovine hemoglobin. Proferrin® iron is considered a minor blood fraction and, therefore, it is a conscience decision for Jehovah's Witnesses.

Iron's Role

Iron is an essential ingredient for the body to make red blood cells. Supplemental iron may be used to help some patients increase their red blood cells. Iron supplements have been available for many years in two forms—oral pills and intravenously.

Each form of iron supplement has its advantages and disadvantages. Your physician can help you determine which iron supplement is best for you.

To learn more about which products and procedures are personal decisions, we invite you to attend our free seminar, *Medical Terminology and Your DPA*. It is presented alternating months in English and Spanish. Call **(800) 970-9470** to reserve your seat.

In Our Next Issue

- *Learn More About:*
 - *What you need to know about "synthetic" drugs*
 - *The Doheny Eye Center*
- *New Case Story*

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We Can Help!

English Seminar Schedule, 2-4 PM

Saturday, August 12, 2006
Saturday, October 14, 2006
Saturday, December 9, 2006

Don't miss our **free seminar** "Medical Terminology and Your DPA". Attendees have found this presentation invaluable in understanding all issues involved in making conscientious medical decisions. One attendee noted, "This was clearly one of the most informative seminars we have ever attended and most beneficial..."

The type of health insurance you have may limit your access to physicians skilled in

Le Podemos Ayudar

Programa del Seminario en Español, 2-4 PM

Sabado, 8 de Julio de 2006
Sabado, 16 de Septiembre de 2006
Sabado, 11 de Noviembre de 2006

bloodless medicine. An important part of this seminar explains how the various types of health insurance work.

The boardroom at Chapman Medical Center fills up quickly and there is limited seating. Please call us today at **(800) 970-9470** to reserve your seat. Refreshments are served and parking is free. In addition, you will receive a useful and elegant key chain as a thank you for attending.

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was a good place to be. It's cleaner than other hospitals, real clean. Even the food is better than expected." Husband Bill chimed in to say, "Everything was well organized and efficient."

Lorraine enjoyed talking with her nurses about our bloodless program and felt completely respected. From the hospital to the doctors and nurses, to the bloodless staff and even the food,

Lorraine said, "I truly haven't got any complaints." She will definitely head back across the border to Chapman Medical Center should it become necessary in the future.

If you have any questions about laparoscopic procedures or any bloodless concerns, please call us at **(800) 970-9470**.

"Chapman was a good place to be."

Mission Statement

"Our Mission is to provide quality healthcare to our community in a caring, compassionate and dignified manner while maintaining high ethical standards."

Bloodless

Medicine & Surgery

at Chapman Medical Center
2601 East Chapman Avenue
Orange, CA 92869-3296

